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# University of Pretoria Yearbook 2019

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## Methodology of Life Orientation and Physical Education 464 (JML 464)

**Qualification** Undergraduate

**Faculty** [Faculty of Education](#)

**Module credits** 3.00

**Programmes** [BEd Intermediate Phase Teaching](#)

[BEd Senior Phase and Further Education and Training Teaching](#)

**Contact time** 2 lectures per week, 2 practicals per week

**Language of tuition** Afrikaans and English are used in one class

**Department** Humanities Education

**Period of presentation** Quarter 4

### Module content

On attainment of the learning outcomes students demonstrate their knowledge and understanding of the theory to be applied in all practical sport and movement development situations as prescribed by the National Curriculum and Assessment policy statement in a school environment. Particular attention is given to metacognitive skills development of the students in order to empower them for their teaching tasks, as well as to enable them to engender these metacognitive skills in their learners.

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